

## Cunugyada Korran

(6 ilaa 12 bilood)

### Asalka qoraalka

#### Carruurta da'daan ahi waa firfircoon yihiin!

Carruurta markay korto waxay sii bartaan xirfado cusub, waxay u socon karaan degdeg waxayna gaari karaan meel kore. Sidaas darteed ilmahaagu si dedeg ah ayuu khatar ku geli karaa.

Carruurta waaweyn waxay u baahan yihiin xafidaada gaara oo laga siiyo dhacitaanka:

- Dhacid
- Wax isku xirida
- Ku mergashada cunto ama waxyaallo yaryar
- Gubashada
- qarqida
- dhaawaca baabuur foolida

#### Hubinta Amniga

- ✓ Ku rakib albaabka amniga dusha iyo salkaba.
- ✓ Xaqiiji in ilmahaaga cuntadiisu aanay u keenin mergasho. Burburi, shiid, walaq una googoy si la yaryareeyey. Ilmahaaga ha siin miro, galay la dubay ama nancac.
- ✓ Ku xafid daawada, alaabta nadiifinta, iyi sunta meel xiran.
- ✓ Rakib alaarmiga dabka (u tijaabi si joogta ah bedelna batteriga 1da Abriil sanad walba).



### Tusayaasha Amniga

#### DHICID

U isticmaal albaabada amniga jaranjarada dusheeda iyo salkeedaba si aad u joojiso in ilmahaagu ka soo dhaco. Xaqiiji in iridaha jaranjarada dushu ku xiran yihiin derbiga ama meesha la qabsado. **Ha u isticmaalin albaabka cadaadiska ku shaqeeya jaranjarada kore.** Irida noocan ahi way soo dhici kartaa haddii ilmahaagu ku tiirsado.

Kuwa carruurta ku socoto waxaa lala xiriiriyey dhowr dhaawac. Lamana soo jeedinayo in la isticmaalo. Haddii aad go'aansato inaad istimaasho mid, dooro mid leh sal ballaaran iyo nadaamka joojinta. Haddii kale dooro alaab dhulka iska taal oo lagu cayaaro.

U isticmaal xariga xafidida korsiga dheer si aan ilmahaagu uga dhicin. Ha u ogolaan ilmahaaga inuu ku istaago kursi dheer ama koro dhinacyada kursiga.

Xaqiiji in aan in kuraasta u dhowaan daaqada ama baalkoniga meeshiisa la cuskado. Ilmahaagu wuxuu fuuli karaa fadhiga ama kuraasta waana ka dhici karaa.

Ku xir ilaaliyaha daaqada dhamaan daaqadaha dabaqa labaad. Falkaani wuxuu wax u qabtaa irid ahaan daaqada horteeda. Ama giiji daaqadaha si aan loo furi karin wax ka badan 10 sentimitir (4 inji). Shaashada daaqadu kama celinayso ilmaha inuu dhaco.

Ku xafid tooyiska waaweyn iyo kuwa xayawaanka loo ekaysiiyey meel ka fog sariirta ilmaha. Waxaa laga yaabaa in ilmahaagu ka dhigto wuxuu fuullo si uu u koro dhinaca kale ama ay neefta ka xiraan.

Isticmaal xariga ama suunka amniga si aad ilmahaaga uga dhigto mid nabad qaba markaad tarooli wax ku gadanayso.

#### MERGASHADA IYO XIRANKA NEEFTA

Ka fogee waxyaallaha yaryar meelaha carruurta gaarto. Kuwaas waxaa ka mid ah aanse ku ekayn:

- Quruushta
- Tooyiska
- badhanada
- biimanka
- dhegaha

Walxaha yaryar ama wixii lagu mergado waxay noqon karaan oo buuxin kara weelka film 35mm lagu rido.



Ha ku xirin waxa carruurta lagu sababo xargo.

Xariga daaha ayaa ceejinkara ilmahaaga. Xariga taygaaga sur meel aan ilmahaagu ka gaari karin. Xarigu waa inuu ugu yaraan noqdaa 1.6 mitir meel dhulka ka sarraysa si aan carruurta u gaarin.

#### TUSAYAASHA AMNIGA GURIGA

Isticmaal dabool iyo dab daboolayaal si looga xafido ilmahaaga argagaxa korontada. Ha u ogolaan in ilmahaagu ku...something is missing here please check afkiisa xarig.



Micky HaHa Powerpoint Cover

[www.mickyhaha.com.au](http://www.mickyhaha.com.au)

Xaqiiji Make sure bookcases, lamps, televisions, and other heavy furniture are fastened to the wall so that your baby cannot pull them over. please translate this .

## SUNTA

Ku qari sunta meel aan ilmahaagu gaarin. Suntaas waxaa ku jira daawada, qalabka nadiifinta, sigaarka iyo aalkolada.

Haddii dhakhtarkaagu ku yiraahdo ilmahaaga daawo sii, hubi waxa ku qoran si taxadar lehna u cabir mar walba oo aad siiso daawada.

## AMNIGA GAARIGA

Ilmahaagu wuxuu u baahan yahay kursiga gaariga mar kasta oo uu gaari raacayo. Marna ilmahaaga ha ku qaban dhabtaada.

Weligaa ilmahaaga kursigiisa ha dhigin kursiga hore ee gaariga. Taas aad ayey muhiim u tahay haddii gaarigu uu leeyahay boorsada hawada.

Hubi si aad u xaqiijiso in kursiga ilmaha aad dooratay ku filan yahay gaarigaaga k- a hor inta aadan gadan.

Carruurta yaryari waa inay gadaal u jeedaan ilaa ay ka gaaraan isku darka shuruudaha ugu yar oo loo baahan yahay:

- Miisaanka 8kg ( 9kg ayaa ku fiican)
- Xakamayn fiican o madaxa (ilmuhu fariisan karaa kaalmo la'aan)
- Qiyaas ahaan 6 bilood da' ahaan.

## Rakibida ilmaha kursiga lagu xiro

Haddii aad u baahan tahay inaad ku rakibto kursiga ilmaha lagu rido ama talada kursiga ilmaha lagu xiro oo anfacaya gaarigaaga iyo baahida shakhsiyeed la xiriir Kidsafe WA tel: 1800 802 244 wixii macluumaada oo intaas ka badan.

## U doorida ilmahaaga kursiga gaariga:

Carruurta ka yar 8kg miisaan ahaan (qiyaas ahaana jira 6 bilood) iyo wixii ka weyn waxaad leedahay waxyaalla aad kala dooran karto:

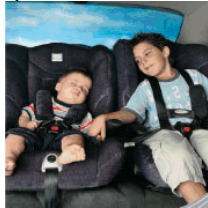
- Kursi la bedbedeli karo (dhashay ilaa 18kg)
  - Gadaal u jeeda: dhashay– 12 kiilo (*dhowr wadan oo dibada ah ayaa hadda u baahan in carruurta u jeedaan gadaal ilaa ilmuhu gaaro 12 bilood da' ahaan*).
  - Horay u jeeda: 8 ilaa 18kg
- Kursiga gurboodka (8kg ilaa 18kg)
- Kuraas isku jirta (8 ilaa 26kg)
  - Gurboodka: 8 ilaa 18kg oo leh xarig gudaha ah
  - Booster Function: 18 ilaa 26kg oo leh xariga laabta ee suunka ama suunka amaanka.



Kursiga ilmaha ee gaariga lagu xiro oo gadaal u jeeda lana bedeli karo



Kursiga lagu xiro gurboodka 8 ilaa 18 Kg



Kan loogu daro gurboodka/xoojiyaha Kuraasta ilmaha lagu xiro – 8 ilaa 26 Kg

## AMNIGA MUSQUSHA QUBAYSKA

Ilmahaaga had iyo jeer la joog markuu qubaysanayo. Ku hubi biyaha kulaylkooda gacantaada inta aadan ilmaha ugu qubayn. Biyuhu waa in ay diirimaad ahaadaan, balse aanay kululayn.

Hoos ugu dhig xaraarada biyaha ku kulul ee gurigaaga ugu badnaan 50 degree Celsius..

60 degree gubasho weyn ayaa samaysmaya in ka yar hal ilbiriqsi, 50 degree-na waxay qaadataa 5 daqiiqo. Biyaha tuubada oo kulul ayaa gubi karta ilmahaaga.



## SOOGAABIN – DHAAWACA HEERKA KORITAANKA

Falalka Koritaanka	Hazards/Risks
gurguurashada, jiidida si loo istaago, socodka	Gubashada; falls down stairs, into bath, onto sharp edges translate
Ka wardooid siyaada ah	Ingestions (medicines, plants, chemicals, household cleaners) please translate
Qabsashada waxa ugu yar	Wuxuu qabsadaa ilmuhu walxa yaryar, sida fataatiir iyo tooyiska, kiniiniga, miraha caleenta - megasho
Gelinta wax kasta afka	Qaniinida fiilada korontada, sumaw, mergasho
Raadinta wixii qarsoon	Rabitaan, ceejin (fiila furan)
Waa soo saaraa walxaha	Dareere wax gubaya, walxaha miiska saaran – iska ilaali isticmaalida miiska dharka.

## Macluumaad kale oo la helli karo

Macluumaad faahfaahsan oo intaas ka badan oo mawduucyada halkan lagu soo sheegay [www.kidsafewa.com.au](http://www.kidsafewa.com.au) ama la xiriir Kidsafe WA tel 1800 802 244 si aad u hesho macluumaad iyo talo mucayina.

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Qayb ka mid ah ayaa la koobiyeen karaa waxbarasho darteed. Ogolaansho ayaa looga baahan yahay si koobiyaasto xaashidaan dhamaanteed.

Macluumaad intaas ka badan ☎ (08) 9340 8509

Khadka Macluumaadka ☎ 1800 802 244

Amniga Ilmaha

Khadka Macluumaadka Sunta ☎ 13 11 26

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